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**The Royal Dental Hospital of Melbourne**

720 Swanston St, Carlton VIC 3053

9341 1000

<https://vahi.vic.gov.au/hospital-and-health-services/royal-dental-hospital-melbourne>

The Royal Dental Hospital of Melbourne provides general, specialist and emergency dental care to all eligible Victorians.

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**Teeth on Wheels**

9A International Sq, Tullamarine VIC 3043

9338 1191

<https://teethonwheels.com.au/>

Teeth on Wheels works with schools and childcare/kindergarten facilities to provide high-quality, low-cost dental care.

Teeth on Wheels previously partnered with cohealth to deliver free and low cost dental services on site at Flemington estate during the school holidays. PTWF trialed having a dental van attend Flemington estate to deliver low cost and free dental care to Flemington residents. 20 residents received care over a 2 week period.

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**Foundation House**

4 Gardiner St, Brunswick VIC 3056

9389 8900

<https://foundationhouse.org.au/>

Mental health support for people of refugee background and survivors of torture.

Support and advocate for many people of refugee background in North Melbourne and Flemington

Strong community advocates during lockdown. Provided debriefing and supervision to Resident Liaison Officers as lived experience staff.

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**Drummond Street Services**

North Melbourne Community Centre, 49 Buncl St, North Melbourne VIC 3051

9663 6733

<https://ds.org.au/>

We are Drummond Street Services and our wide range of services help people facing personal challenges and societal barriers connected to living situations, health, identity, relationships and community. We offer total support and acceptance for wherever they are at in life, and for all of life.

Deliver a range of family and youth services to residents of North Melbourne, Carlton and other estates.

Part of the North Melbourne Community Partner consortium. Funded under the local action plan (co-funded by department of health) to deliver a mental health promotion program (now called "Birdy").

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**LifeLine**

13 11 14

<https://www.lifeline.org.au/>

Free, 24-hour telephone crisis support service in Australia. Volunteer crisis supporters provide suicide prevention services, mental health support and emotional assistance, not only via telephone but face-to-face and online.

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**Beyond Blue**

1300 22 4636

<https://www.beyondblue.org.au/>

Beyond Blue is an Australian mental health and wellbeing support organisation. They provide support programs to address issues related to depression, suicide, anxiety disorders and other related mental illnesses.

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**Kids Help Line**

1800 55 1800

<https://kidshelpline.com.au/>

The Kids Helpline is a 24-hour telephone service that is available for young people (aged between five and 25) who need advice, counselling or just someone to talk to.

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**NEAMI National**

4-8 Water Rd, Preston VIC 3072

8691 5300

<https://www.neaminational.org.au/>

Neami is a community-based organisation providing services to improve mental health and wellbeing in local communities.

Manage the intake for Inner and West Melbourne for Youth Outreach Recovery Support, a service for people between 16-25 years of age living in Victoria who have been experiencing mental health issues for six months or more (call 1300 379 462 for intake). Deliver Commonwealth Psychosocial Support Service in Melbourne and Moonnee Valley which offers individual coaching and group activities to support recovery for people with severe mental health issues, who are not eligible for the NDIS (call 1300 052 588). Other mental health services in North and West Melbourne.

Delivered workshops on mental health, support for small business and support for carers as part of their role in Partners in Wellbeing (a Covid response and recovery program). 6 workshops were run across North Melbourne and Flemington as well as outreach events.

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**Victorian Aboriginal Health**

9419 3000

[www.vahs.org.au](http://www.vahs.org.au)

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**Flemington Police Station**

30 Wellington St, Flemington VIC 3031

9371 6100

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**Police, Fire, Ambulance**

Triple Zero (000)

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# “ Health & Wellbeing Guide ”



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**North and West Metro AOD Service****1800 700 514**<https://www.unitingvictas.org.au/services/alcohol-other-drugs/>

Whether you are an individual or family member seeking information, advice or treatment for alcohol and drug use, we can help.

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**Odyssey House****660 Bridge Rd, Richmond VIC 3121****9420 7600**<https://odyssey.org.au/>

Odyssey House Victoria is a state-wide, specialist treatment organisation dedicated to improving the lives of individuals who experience significant or long-term problems from alcohol and other drug use.

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**YOUTH SUPPORT + ADVOCACY SERVICE / YSAS****1/131 Johnston St, Fitzroy VIC 3065****9415 8881**<https://ysas.org.au/>

The prime focus of YSAS remains on effective Youth AOD Treatment and sector leadership, the organisation also has extensive experience in providing young people and families with services that support improved mental health and improve meaningful community participation.

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**Africause****Suite 108, 144-148 Nicholson St, Footscray VIC 3011****9042 1604**<https://www.africause.org.au/>

Africause's purpose is to support, facilitate and engage African-Australian young people for better life outcomes.

Run youth programs and activities on Tuesday and Wednesday evenings in 120 Racecourse Road.

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**Ubuntu Project****0401 565 350**<https://ubp.org.au/>

Ubuntu Project aims to improve integration outcomes and services for African Australian communities by working along side government departments, charity organisations and service providers to better tailor their services to the community. Deliver youth activities, employment support and other community activities for North Melbourne and Flemington Residents. Partnered with the Huddle to deliver youth and creative projects in North Melbourne and Flemington. Auspiced some residents to deliver grant activities.

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**The Venny****85 Kensington Rd, Kensington VIC 3031****9376 0589**<https://thevenny.org.au/>

The Venny is a free communal backyard and safe space for children aged 5 to 16 located in JJ Holland Park, Kensington. The Venny has been in the park for over 40 years and has a rich history within the Kensington Community. It is a space where kids can engage in risk-taking play, creativity and connectedness with other young people. The Venny also works with schools, agencies, families and more to facilitate intercultural sharing, food services, therapeutic support, and social cohesion in the local area. Run the Venny to you program at Flemington Estate on Thursday afternoons and Saturdays

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**AMSSA****91-101 Boundary Rd, North Melbourne VIC 3051****9329 0285**<https://www.facebook.com/AMSSAnorthmelbourne/>

AMSSA Centre: is an Islamic centre established to provide important services for the Muslim community and help to integrate to wider Australian community.

Run a homework club and various other support to Flemington and North Melbourne Residents.

Part of the PTWF Community Leaders Network.

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**Somali Community Inc****120 Racecourse Rd, Flemington VIC 3031****0432 677 567**<http://www.somalicomunity.org.au/>

Somali Community Inc. (SCI) is a non-for-profit Community Organisation based in Melbourne, Australia. We work in the area where most of the African-Australian Communities in Victoria live and cater to all sorts of situations and needs.

Various community events, activities and support services to residents including a Homework club at Flemington estate and Ascot Vale West Primary.

Part of the PTWF Community Leaders Network; involved in the 2022 Eid Festival.

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**Australian Vietnamese Women's Association****8 Parsons Ave, Springvale VIC 3171****9546 2699**

Various community events and activities for Vietnamese residents in Flemington.

PTWF grant recipient - ran community events for older vietnamese residents.

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**Chinese Social Centre****9376 9088**<https://farnhamst.net/chinese-social-centre/>

Support for Chinese residents living in North Melbourne and surrounds.

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**Oromo Community**[oromoaus@gmail.com](mailto:oromoaus@gmail.com)

Support for Oromo Community.

Various community events, activities and support services to residents.

Part of the PTWF Community Leaders Network; involved in the 2022 Eid Festival.

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**Mango Care****45/120 Racecourse Rd, Flemington VIC 3031****0451 312 183**<https://mangocare.com.au/>

We provide a range of high-quality services in which we are able to specialise in supporting all those living with disabilities.

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**Homage Australia****Level 7/276 Flinders St, Melbourne VIC 3000****1300 705 029**<https://www.homage.com.au/>

Our trained local support workers assist with you and your loved one's activities of daily living (ADLs) for safe and independent living at home. This includes eating, bathing, getting dressed, toileting, transferring and continence.

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**Carers Victoria****1/485 La Trobe St, Melbourne VIC 3000****1800 514 845**<https://www.carersvictoria.org.au/>

Carers Victoria is the peak body representing all unpaid carers in Victoria, championing all carers across Victorian communities regardless of the nature of the caring role.

Ran information sessions for carers at North Melbourne, Flemington and online for residents. Attended North Melbourne Service Fair.

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**Wesley Mission Victoria****15B Ascot Vale Rd, Flemington VIC 3031****9376 0344**<https://www.wesleymission.org.au>

"Wesley Mission Victoria provides community-based services across greater Melbourne and in Gippsland. We exist to support people experiencing disadvantage and vulnerability to improve their life outcomes. We advocate for a more just society.

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**Cohealth****12 Gower St, Kensington VIC 3031****9448 5537**<https://www.cohealth.org.au/>

We provide community health services, advocating for health and social equity, undertaking research, developing health promotion initiatives and through our partnerships."

Community Connectors program which aims to better connect public housing residents with health services and delivers community engagement and health promotion activities.

Was the Community Partner for PTWF Flemington, employing 3 Community Development Officers to deliver community engagement activities for the program. Currently funded to deliver the Community Pantry and related health promotion activities.

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**Royal Melbourne Hospital****300 Grattan St, Parkville VIC 3050****9342 7000**<https://www.thermh.org.au/>

The Royal Melbourne Hospital is one of Australia's leading public hospitals. It is a major teaching hospital for tertiary health care with a reputation in clinical research.

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**Royal Women's Hospital****Grattan St & Flemington Rd, Parkville VIC 3052****8345 2000**<https://thewomens.org.au/>

The Women's works for and with the community, providing essential women's and newborn health services and advocating for health equity for all women.

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**Royal Children's Hospital****50 Flemington Rd, Parkville VIC 3052****9345 5522**<https://www.rch.org.au/>

The Royal Children's Hospital is a major specialist paediatric, providing a full range of clinical services, tertiary care, as well as health promotion and prevention programs for children and young people.

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